

Langtang Gosaikunda Trekking

Trip Overview

From the history of the Langtang Gosaikunda trek, it is known that the route is truly a fantastic experience. The trek takes you through the Langtang Valley, Helambu, and Gosaikunda, offering stunning views of sacred mountains and beautiful waterfalls. The trek is said to be a semi-circle that covers the mainstream of mesmerizing scenery and allows you to immerse yourself in the most beautiful valley surrounded by sacred mountains.

The Langtang Gosai Kunda Trekking Package is a 16-day voyage that offers abundant opportunities to explore the main highlights of Langtang Valley. The Kyanjin Gumpa and Chorkari Ri are iconic viewpoints that provide breathtaking 360-degree views of Langtang Peak. And, of course, the pristine beauty of Gosai Kunda Lake is not to be missed. This lake was initially trekked for holy reasons by Hindu and Buddhist devotees. Still, it has become a popular destination for trekkers from all over the world who are lured by the stunning scenery.

The spiritual trekking from Lauribinayak pass to Ghopte is exciting and offers panoramic views of the Manaslu, Langtang Lirung, and Ganesh Himal ranges. Overall, the Langtang Gosaikunda trek offers an unforgettable experience that combines stunning scenery, spiritual significance, and an opportunity to immerse oneself in the beauty of nature.

Price is comparatively comparable

Itinerary

Day 01: Arrival in Kathmandu international airport and transfer to hotel

Upon arrival at the outdoor welcome gate, a professional Aozora Travel & Tours representative will be there holding a placard with your group's name. Soon you are contacted, will be escorted to the hotel you are to stay tonight.

After completing the hotel check-in formalities, you will have some free time to spend leisurely around the locality of the hotel.

Overnight at hotel in Kathmandu with inclusive of breakfast.

Day 02: Kathmandu to Syabru Bensi (1,462m) Duration: 7/8 hours

Take the breakfast early in the morning, your guide to this trekking will come to pick up you and soon the scenic drive towards Syabrubesi, trekking starting point, starts. Driving along the Trishuli riverbank through the foothill of the ridges, rocky mountain, and ridgelines. The sky be opens to a grand vista during your driving, and in the course, you will come to entertain the terrace and lush green valleys including the small town and the small settlements of difference ethnicities.

Overnight at Guest house – breakfast, lunch, and dinner inclusive.

Day 03: Syabrubesi to Lama hotel (2500m): appx 5 hours.

Initially the trekking path goes along the Bhote Koshi river and later it with along the Langtang Khola. Before gentle ascends to Ramche to up this point gradual ascends takes the trekkers to Bamboo, and to Lama hotel.

Stay overnight at Guesthouse – breakfast, lunch, dinner inclusive.

Day 04: To Mundu (3350m) from Lama Hotel: 5 hours

A crisscrossed path with some strenuous uphill climbing and most of the time gentle ascends will take you through the Ghoda Table (horse stable) and Langtang village to a small settlement but with full of friendly atmospheric place Mundu, the home for the trekkers today.

Including breakfast, lunch and dinner, overnight at Mundu.

Day 05: Kyanjing Gompa (3798m) from Mundu: 4 hours.

As usual we take the breakfast and the trek proceed to heads to Sindum and then to Yamphu, in between we cross some suspension bridge over the Laja Khola which then navigates to Kyanjin Gompa. Glacier that on the Langtang Lirung is visible from the vantage. Kyanjin Gompa is a beautiful spot surrounded by the Langtang himalayas and its ranges so has it been known to all the trekkers from the world behind this reason.

Overnight at lodge with inclusive of breakfast, lunch and dinner.

Day 06: Kyangjuma Gompa Exploration and climb Chorkari RI (5,050m) 7 hours

Climbing to up to Kyanjing Gompa means to an altitude of 3798m and this is pretty high. We shall look for at least a day's acclimatization process. That is why the trekkers today will make exploration around Kyanjin Gompa just visiting the cheese factory, monasteries, and other several attractions in the periphery of Kyanjin Gompa and villages, including moraine trail to enjoy the icefalls around the Langtang Lirung. What Kyanjin Gompa is known for is a hike to Chorkari Ri at an altitude of 5050m that rewards unimaginable spectacular views. The highest point in this trekking route and once the scenic view of the massive is made, the trekkers will then get down to Kyanjin Gompa for rest.

With inclusive of breakfast, lunch and dinner, overnight at lodge in Kyanjin Gompa.

Day 07: Kyanjin Gompa- Lama Hotel (2,500m) Duration: 5-6 hours

After a breakfast at Kyanjin Gompa, the group will make then descend to Lama Hotel enjoying the beautiful vies of the sprawling mountains.

Including Breakfast, Lunch, and Dinner, overnight stay at Lama Hotel.

Day 08: Lama Hotel - Thulo Syabru (2,235m) 5-6 hours

After having a delicious breakfast at lama hotel, firstly the trekkers walk down to Canal, next its way to Thulo Syabru which brings the jaw-dropping views of the massive Langtang Himal with other peaks around of it.

With breakfast, Lunch, and dinner, overnight at Thulo Syabru.

Day 09: Thulo Syabru- Shin Gompa (3,330m) 3-5 hours

Enjoying the early morning breakfast at Thulosyabru, the broader path pulls trekkers towards Shin Gompa, the destination for today. Along the way the massive Langtang will give us the energy to head forth. Most of the time the trekking will be through the hemlock, oak woods, and rhododendron forest, amidst the trekking will enjoy the diverse flora and fauna with plus spectacular views of the Langtang Valley.

Overnight at Shin Gompa with breakfast, lunch and Dinner.

Day 10: Gosaikunda (4,300m) from Shin Gompa, 5-6 hours

After the breakfast the route leads through its ascending path to Lauribinayak, where extraordinary scenes are awaiting. An exotic view with its rocky ascends goes consistently to Gosaikunda with an inexplicable panorama created in combination of Langtang Lirung, Manaslu, Ganesh Himal ranges and among some with peaks of the Tibetan plateau. Do not forget some time to turn back, that lights your path ahead to Gosaikunda is by the Annapurna ranges.

Here it is now the Gosaikunda! Even the name of the destination is known by its single name; there it is having different reservoirs; Gosaikunda, Bhairabkunda, Saraswati Kunda, all are as being taken through the names of the god in Hindu religion. This also is interesting to let you know the legend behind this holistic place. The God of the death known as Shiva had sucked the toxin that was supposed to bring an unexpected adversity – death – on the earth, which caused him the intolerable pain, he then with help of the trident pierced the glacier here in the point and got the water to dilute his pain to relief.

Explore the lakes and superb view that sprawls in front of you before getting back to the lodge we are to accommodate tonight.

With breakfast, lunch and dinner, overnight at lodge.

Day 11: Via Lauribinayak Pass (4,610m) to Ghopte (3,430m) from Gosaikunda 6 hours

Start trekking to Ghopte after breakfast at Gosaikunda via Lauribinayak pass through its rugged ascending trail. During the trail to Lauribinayak trekkers come to cross 4 different beautiful lakes on its way. The height 4610m becomes the highest point of this route and it becomes the most memorable place to see all giant Himalayas – Manaslu, Langtang, Ganesh Himal other with numerous - makes the trekker an enthusiast see them kissing the sky at the horizon. Treks from this point snow to head down to Ghopte through its steep trail.

Breakfast, lunch, dinner at the Lodge in Ghopte.

Day 12: To Melamchigaon (2560m) from Ghopte appx 7 hours

Upon taken of the breakfast at Ghopte, the day becomes typical to proceed through trekking to Melamchigaon from the rhododendron forest on following the dried riverbed. Jugal (Himal) plain – a spectacular view the trekkers will enjoy just above the town after

making a climb to a ridge, and now through the descending routes we head down to Melamchigaon.

Overnight at Melamchi, including breakfast, lunch and dinner.

Day 13: Melamchigaon to Tharkegyang (2590m) appx 6 hours.

Helambu is the region to recognize all these trekking routes, and unlike the other trekking route the area is famous for the monasteries and traditional villages which are made up of the stones fumes the well-known sherpa culture and its descendants.

Breakfast, lunch and dinner inclusively, accommodation at Tarkeyghyang.

Day 14: Tarkeghyang to Shermathang (2,610m) 3-4 hours

Take the breakfast in the early morning and be ready for the picturesque views of the Sherpa settlements that comes in the crisscrossed path between the Parachin and the Gangyul Sherpa village. Interestingly, the dwellers of this village follow the Drukpa Kagyu Buddhism, and it is the national religion of Bhutan.

Overnight stay at guesthouse with breakfast, lunch, and dinner.

Day 15: Shermathang to Melamchi – Pul bazaar – Kathmandu appx 6 hours (4 hours hiking 2-hour driving) A short trek down to Pul Bazaar across the Sherpa Village and catch vehicle to ride to Kathmandu. Before riding in a vehicle, we express the gratitude to these great views and the mountains and proceed to Kathmandu with help of the vehicle ride.

Inclusive of the lunch and breakfast stay at hotel in Kathmandu.

Day 16: Tours ends and farewell.

The representative of Aaozora Travel & Tour will assist you to drop at Kathmandu International Airport 3 hours prior to your departure flight schedule. Let us go back with precious memory making us to welcome you again for your Nepal himalayas trekking.

Cost Includes

- By private, all the airports pick up and drop service as per the itineraries.
- 3star category twin/double bed sharing base hotel in Pokhara.
- 3star category hotel with twin/double bed sharing base in Kathmandu.
- At the availability double/twin sharing lodge/tea house accommodation during Ghorepani Poonhill trekking course.
- During trekking, with tea/coffee breakfast, lunch, and dinner.
- One porter (for two person) and one experienced friendly guide for trekkers/trekking group, their compensation, equipment, insurance as under the labour law in practice.
- All Trekking permits, TIMS including conservation fees.

- Bus or road transportation by a tourist bus to and from Pokhara as well to and from Nayapul, the point where Ghorepani Poonhill Trekking begins.
- Duffle bag and the jackets of Aaozora Travel & Tours at the interest of Trekking Groups.
- A T-shirt with logo of Aaozora Travel & Tour with trekking map and certificate of achievement to commemorate your active days.
- First aid medical kit
- Government taxes & office service charge

Cost Excludes

- Travel Insurance
- Nepal entry visa
- International airfare
- All kind of cold drinks, soft drinks, including water coke, Fanta, juice etc.
- All the meals not specified in the above inclusion items.
- All personal trekking gears/equipment.
- Gratitude/Tips for the staff accompanied.

Annapurna Base Camp Trekking Booking Tips:

The sum of INR 15000 for Indian Nationality and USD 250 for foreigners are to be made for advance booking schedule under terms that rest of the amount respective to the numbers in group must be paid upon arrival in Nepal.

Here are some tips to consider before you arrive:

Notes:

- Adult – Original + photocopy of passport
- Child – Original + photocopy of passport
- Infant – Original + photocopy of passport
- Foreigners or NRI must carry above ID proof with them at the time of booking and carry the same in tour.
- Kathmandu – Pokhara internal flight is included in tour price
- 200, 500 & 2000 Indira Rupee notes are not allowed in Nepal, please carry INR notes of 100/- only
- Be sure to exchange back all the Nepalese currencies before you leave. They are not accepted outside of Nepal. Also taking it out of the country is considered against the law. (if you do wish to take few notes as souvenir, you can purchase them separately)

- Avoid teasing monkeys around the temple and do not display food Infront of them, they will snatch it and in the process you may get injured.
- Hotel check in 14:00hrs, check out time is 12:00hrs
- Price could change as per change in government, hotel, airline policy without prior notice.
- Aozora tours & treks will be taking photographs or videos during the trip/ journey to use them for promotion purpose during the program and thereafter. By booking with us, guest agree to allow to use their images to be used for such activity. Guests who prefer their images not being used/shown in promotional activity are asked to convey their preference to the representative at the beginning of their journey.
- Guests are solely responsible for any health issues. They are responsible for
 - i) Obtaining any vaccination or to take any health precaution application to the country
 - ii) Taking all reasonable and necessary steps if they have any pre-existing medical conditions or health issues
 - iii) Do notify us if due to any health issue of a guest which may have effect on the travel arrangement

Tips for trekking

- Visit your general practitioner or travel clinic at least 6-8 weeks before departure to ensure you have all the necessary vaccinations and that they are up to date.
- Appropriate clothing significantly contributes to making your trip comfortable and enjoyable. Essential trekking gear includes:
 - Down jacket
 - Thermals for nights and early mornings
 - Merino wool t-shirt for sunny days
 - Rain jacket for rain and snow
 - Gaiters to prevent snow from entering your boots
 - Waterproof hiking boots
 - Trekking poles for navigating through deep snow
 - Rain covers for your backpack
- Avoid overpacking by taking only the essentials. Pack lightly for your trek, leaving non-essential items at your hotel in Kathmandu.
- Remember to "leave only footprints." Carry a bag for trash and avoid littering the trails.
- Trekking preparation involves building physical fitness through activities like aerobics, strength endurance, and cardio workouts. Aerobic training, such as swimming, running, walking, and jogging, helps your body adjust to lower oxygen levels at higher altitudes.
- Bring your own water bottle to refill from natural sources along the way, rather than purchasing plastic bottles. Teahouses offer water and can boil it for you. Avoid ice

cubes or chilled water, as well as alcohol and caffeine, while trekking at high altitudes.

- Respect local customs, especially when visiting monasteries. Do not take photos inside monasteries unless permitted, and always ask for permission before photographing people or children.
- Avoid eating fruits or vegetables unless they have been peeled or cooked.
- On popular trekking trails, you will likely stay in teahouses, which offer basic accommodations like a bed, blanket, and hot food. Do not expect luxury.
- There are no ATMs along the trails in the Himalayas, so calculate how much money you will need and carry it with you. It's better to have a little extra than not enough.

Road transport note:

- All transfers and sightseeing by in A/c vehicle

Visa requirement

- Tourist Visiting Nepal is eligible for The Tourist Visa on Arrival at the Port of Entry (depending on their nationalities).
- The international visitor visiting to Nepal is required to be in possession of a passport and must be valid for a minimum 6 months after the departure date from Nepal and at least 2 empty pages available in the passport for Immigration stamping and visa.
- Tourists holding the passport of Nigeria, Ghana, Zimbabwe, Swaziland, Cameroon, Somalia, Liberia, Ethiopia, Iraq, Afghanistan and Palestine, Syria and Refugees with travel document are not eligible for on arrival visa at the Port of Entry. Tourist of the are to acquire VISA prior to their arrival from their nearby embassies of Nepal government

For more information on the visa process, visit our page, [Visa Requirement](#)

Our payment method

We accept various method for transaction, such as;

1. Wire Transfer to bank in Nepal

Bank: Nepal SBI Bank Ltd.

Branch: Raniban

Account Name: #####

Account address: #####

Account no: #####

Swift code: #####

IFSC code: #####

2. Wire Transfer to bank in Nepal

Bank: Nepal SBI Bank Ltd.

Bank Address: #####
Account Name: #####
Account address: #####
Account no: #####
Swift code: #####
IFSC code: #####

3. PayPal & Credit card Payment

Click here on the Pay now button and choose how you want to pay

4. Money transfer

Person Name: Indra Prasad Duwadee
Address: Ahmedabad, Gujarat, India
Phone: +91 9727761235

[Click here to redirect to our Payment method](#)

Please note: All bank charges are to be bear by the customers.

Our terms and condition for booking

1. Cancellation policy

The policy for cancellation and refund is quite simple. If for any reason you wish/need to cancel your trip, all you need to do is send us your request for cancellation with details such as booking date, package, number of numbers etc. and then we will proceed with the cancellation.

As for the refunds, we are sorry to inform you but we will not be able to give you 100% refund, the 25% of the initial deposit which you have made when confirming your booking will not be refunded. This fund will be considered as cancellation fee.

Hence, we suggest that you postpone your trip to a later date which will not cost you a penny instead of cancelling, doing so will not be a loss to you as well.

To know in detail please click here.

2. Booking and acceptance

The itineraries and touristic activities, such as trekking, tours, climbing, and short trekking, featured on this website are the products of the company. Booking any of these activities online implies acceptance of the terms and conditions presented on this website.

Upon acknowledging the terms and conditions for booking any of the introduced or related touristic services, the client must fill out an online booking form to provide the necessary information that the company further needs for applying the trekking permits, climbing

permits, hotel bookings, ticket bookings, etc. Or the information can be sent from the email ID of the organization which has been carried in general communication.

Once the company sends the booking invoice to the client's email, the contract is established, and the booking will be considered confirmed. If the booking is in the process of confirmation or the terms of the contract come into action, the company reserves the right to increase or decrease the trip cost.

It is to be noted by the client that the company is not liable for any warranties or agreements other than those explicitly expressed here.

3. Changes in the itinerary under Delays of Flight

Most domestic flights to and from Kathmandu are subject to unexpected cancellations due to the unpredictable Himalayan weather conditions in Nepal. Flights directed to Kathmandu from Lukla, Phaplu, or Jupal are particularly prone to cancellations, requiring passengers to wait for a day or even a few days until the weather improves.

If a scheduled flight is cancelled at Lukla, Phaplu, or Jupal airports, dinner with night accommodation at a local guesthouse near the airport will be arranged by Aozora Travel and Trekking for the night of the cancelled day, and if the cancellation continues therefrom the day all the expenses will be the responsibility of the client itself.

If a flight is bound for a remote area from Kathmandu, Nepalgunj, Pokhara, Dhangadhi, or Bhairahawa, any expenses incurred due to cancellation will be the responsibility of the client. This also applies to flights bound for any of the airports mentioned in the preceding line.

Learn more about our terms and conditions, before embarking on the journey with us. **To learn more about our Terms and Conditions, visit our page, [Terms and conditions](#)**

Few testimonials from guest regarding this trip

Amelia, USA

My husband and I embarked on the Langtang Gosaikunda trek with Aozora Travel & Tours, and it was a journey we will never forget. When we arrived in Kathmandu, the team made sure we felt welcome and prepared for the adventure ahead. The drive to Syabru Bensi was scenic and filled with anticipation.

The trek itself was a mix of challenges and breathtaking beauty. Climbing to Kyanjin Gompa and then up to Chorkari Ri was tough, but the 360-degree views of Langtang Peak were worth every step. The ascent to Gosaikunda was spiritually enriching, and the sight of the sacred lakes nestled among the mountains was awe-inspiring.

Our trekking leader, was exceptional. He guided us with expertise and shared fascinating stories about the local culture and landscape. A special thank you to Mr. Indra for organizing

such a seamless trip and for creating an unforgettable experience. This trek was a perfect blend of adventure and spirituality, leaving us with memories to last a lifetime.

Robert, UK

I recently completed the Langtang Gosaikunda trek with my friends, and it was an incredible experience. The journey began with a warm welcome at the airport and a comfortable stay in Kathmandu. The drive to Syabru Bensi offered stunning views, setting the tone for the adventure ahead.

Each day brought new challenges and stunning scenery. The climb to Chorkari Ri was particularly strenuous, but the panoramic views were simply breathtaking. The peaceful ambiance of Gosaikunda Lake was a highlight, providing a serene contrast to the rigorous trekking.

Our guide, was fantastic. He ensured our safety and comfort while sharing his deep knowledge of the region. We are grateful to Garima Duwadee for her meticulous planning and to Mr. Indra for founding such a wonderful trekking company. This trek was a perfect balance of physical challenge and natural beauty, and I highly recommend it to anyone seeking an unforgettable Himalayan adventure.

Arthur, USA

I recently completed the Langtang Gosaikunda trek with my family, and it was an amazing adventure. From the scenic drive to Syabru Bensi to the stunning vistas along the trek, every moment was filled with beauty and excitement.

The trek had its challenging parts, especially the climb to Chorkari Ri, but the 360-degree views from the top were incredible. Reaching Gosaikunda Lake was a spiritual experience, and the serene atmosphere was deeply moving.

Mr. Pawan, our trekking leader, was exceptional. He guided us with expertise and ensured we were well taken care of. A heartfelt thanks to Garima Duwadee for her meticulous planning and to Mr. Indra for founding such a wonderful company. This trek was a perfect mix of adventure and natural beauty, and we will always cherish the memories we made.